

## Questions To Ask During Your Adenomyosis Surgical Consult

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Which organs and structures does the surgeon plan to remove?

Will the surgery they are recommending cause menopause?

Without surgery, will your condition continue to get worse, or will it be more likely to continue as it currently is?

How often does this surgeon perform hysterectomies?

Will your practitioner be using an abdominal, vaginal, or laparoscopic technique? Can they explain the pros and cons of each technique?

Will you continue to need regular pap smears after a hysterectomy?

Can they explain the pros and cons of removing the cervix versus leaving it intact?

Is there anything about your gynecological history that would cause your medical professional to favor removing the cervix over leaving it in place?

Why is your healthcare provider recommending this type of hysterectomy rather than one of the many other types of hysterectomies?

You understand that you could continue to have periods if your cervix is left intact; why is your healthcare provider recommending it not be removed?

## RECOVERY & FOLLOW UP

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How long should you expect to be in surgery and in the hospital afterward?

If needed, does your healthcare provider recommend hormone replacement therapy once the surgery is complete?

When will it be safe to have sex after surgery?

When will you be able to take a bath or swim after surgery?

How much down time should I plan for?